

Natural Awakenings: News Briefs

FDA Approves Dental Device To Reduce Migraine Attacks

A tiny mouthpiece that hugs the two front teeth may bring relief to the 40 million Americans who suffer from migraine and tension headaches. The FDA recently approved the NTI-tss, a small, virtually invisible mouthpiece that covers your front teeth while you sleep, for the prevention of migraines.

Nighttime grinding of the canine and molar teeth generates significant muscle contraction and jaw joint strain. While all humans clench their jaws at night, it's the intensity that drives the condition. The NTI-tss prevents and reduces the muscular triggering component of migraine, chronic headache and jaw disorders. In a clinical trial, 82% of migraine sufferers who used the NTI-tss for 8 weeks had a 77% average reduction in migraine attacks. The NTI-tss device is a clinically proven, non-drug method approved to treat migraine pain. It is made in the dentist's office and usually takes only one 30-minute visit.

For more information please call Dr. Chris Edwards, Smile Design Center, 751-7775.

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